

PSHE Spring 1 Understanding Emotions Scenarios – Wk 1

- A parcel with your name on it has just been delivered to your house.
- You arrive at school and a different teacher is taking your class today.
- You forget to bring your reading book to school.
- You hear a classmate telling lies and blaming someone else.
- You paint a fabulous picture. Someone spills water all over it.
- You are told you have to do a maths test.
- You have been picked to speak at the next open day at school.
- You are not allowed out to play until your room is tidy.
- You hear someone approaching you from behind.
- You and your gran bake scones together.
- You open a carton of milk and realise it is off.
- You trip and fall in the playground. You think someone tripped you on purpose.
- Your friend tells you that s/he is moving to another school.
- A person who you know bullies is walking towards you.
- Your friend doesn't play with you at break time.
- The teacher asks you to deliver a message. You forget where you have to deliver the message.
- At swimming lessons someone pushes you off the side and into the water.
- You look around your community and see nothing but litter and rubbish.
- You watch as two children begin to fight each other.
- You are alone in your bedroom when suddenly the lights go out. It is pitch dark.