

PSHE Spring 1 Perfect Play and Mending Friendships – Wk 5

Citizenship/Well-being. Spring 1-Week 5 Perfect Play	
Outcome-I know some ways to mend friendships.	
<p>Resources Chime Good friend certificates Getting on and Falling Out PP(shared drive) Mending friendships poster (shared drive) Paper/Well-being books for drawings or posters</p>	<p>Vocabulary Feelings Respect Consideration Friendship Conflict Problems Solving Unfriendly</p>
<p>Teaching and Learning.</p> <p>Circle time. Sitting in a circle, children to share and complete the sentence, I am a good friend because.....Encourage them to use personal qualities.</p> <p>Mindfulness Use chime and mindfulness class strategy or watch calming exercise, Breathing and stretching. Children will need a space to sit and stretch. https://www.youtube.com/watch?v=cyvuaL_2avY</p> <p>Tell me Remind children of last week’s session about being a good friend. Can we be friends with someone even though we have fallen out? How do you feel when you fall out with a friend? Partner talk.</p> <p>Work through PP ‘Getting on and Falling out’ (school shared drive) Explain that everyone needs to remember how to work and play together. Ask the children what we need to remember if we are working and playing with our friends.</p>	<p>Do your friends share the same qualities? Can we have more than one friend?</p> <p>Are we calm and ready to learn?</p> <p>Do you feel happy/sad/cross/lonely when you fall out with a friend.</p> <p>Which show me 5 rule does this link with?</p>

Discuss briefly that some behaviours are unfriendly and the children often use the word 'mean' or 'rude' to describe this. What is the difference between someone being 'mean' or unfriendly or friends which have fallen out.

Look at Mending Friendship poster and work through steps.

Watch/listen-

<https://www.bing.com/videos/search?q=conflict+resolution+song&view=detail&mid=67859D5C7CD9826E0C6067859D5C7CD9826E0C60&FORM=VIRE>

Children's conflict resolution song

Reflection

Try to allow the children time to come up with their own solutions and write these down as they chat.

Write down these ideas on a poster.

YR 2-Create individual posters which could be displayed. Include steps to stop and think, then come up with solutions. Could use Mending Friendship posters as a template and children. Select a few which could be laminated and put up in playground and/or classroom.

Evaluation

Print some good friend certificates and give to those children who demonstrate good friendship throughout the week or would anyone like to nominate someone for a certificate this week and explain why.

What reasons may some friends fall out?

What do you do if you want the same puppet as they have?

What do you do if you want your friend to play outside with you, but they don't want to? What could you do if someone gets cross with you because they want what you have got?

What should you do if someone is unfriendly to you?