

PSHE Spring 1 Being a Good Friend– Wk 4

Citizenship/Well-being. Spring 1-Week 4-Being a good friend	
Outcome I know ways to be a good friend	
<p>Resources Chime Good friend certificates Good friend PowerPoint All resources on curriculum drive PSHE Spring 1 Paper/Well-being books for drawings or posters</p>	<p>Vocabulary Feelings Respect Consideration Friendship Same Different Share</p>
<p>Teaching and Learning.</p> <p>Circle time. That's Me! All children sitting in a circle. One child is asked to stand in the middle and shares a fact about themselves, like their favourite colour or favourite animal. Everyone who also shares that favourite thing stands up and shouts, "That's me!" Remind children that we respect everyone's likes although they may not be the same as ours.</p> <p>Mindfulness Use chime and mindfulness class strategy or watch calming exercise, Breathing and stretching. Children will need a space to sit and stretch. https://www.youtube.com/watch?v=cyvuaL_2avY</p> <p>Tell me Watch BBC Bitesize clip about 2 best friends https://www.bbc.com/bitesize/clips/zs8c87h Now ask the children what they think makes a good friend. This can</p>	<p>Do we all share the same likes? Can we be friends with someone who's favourite colour is different to our own?</p> <p>Are we calm and ready to learn?</p> <p>Who is your good friend? Why are they a good friend to you? Why is it important to be a</p>

be done as whole class or small group discussions. Small groups could scribe ideas on sugar paper.
Come back as a class and work through PP-How to be a good friend.

Remind children of the **golden rule** from previous sessions, Considering/ Positive Relationships. 'Treat others as you wish to be treated'
Also link to school Show me Five rules.

Reflection

YR-Children to draw a picture of what a good friend looks like.
YR 1-Children to draw and label what a good friend looks like.
YR 2- Children to draw/write a GOOD FRIEND WANTED poster, labelling qualities needed.

Evaluation

Print some good friend certificates and give to those children who demonstrate good friendship throughout the week.

good friend and have good friends?

Which show me 5 rule does this link with?